



## ARE YOU READY TO FEEL FREE AND CONFIDENT AGAIN?

Come and experience the magic of women  
gathering and dancing like no one is  
watching!

Qoya is a free dance embodiment class for  
women, regardless of gender assigned at  
birth. It is designed to get you out of your  
head and into your body. To feel instead of  
think.

To learn more about Qoya & to access your  
**FREE CLASS** visit our website  
[www.sunrangesqoya.com.au](http://www.sunrangesqoya.com.au)

